

Growing trees: developing as a teacher



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DELP / ELTE / Budapest



Overview

- TD – a definition
- Models of teacher development
- Signature strengths
- Formative experiences
- Professional communities
- Transformational moments
- Unforeseen challenges
- What our bodies tell us

“Teacher development is a term used ...
to describe a process of continual intellectual,
experiential and attitudinal **growth** of teachers.”



Models of teacher development

- **primacy of experience** to gain expertise (Maley, 2020).
- **passing through stages** from novice to expert (Berliner, 2004)
- **life cycles** of teachers (Huberman, 1989)
- (peripheral) **participation** in a **community of practice** (Wenger, 1998)

SIGNATURE STRENGTHS



”In summary, the five interviewees liked the course and thought that it was interesting. The reasons mentioned were **the teacher’s personality** and his multiculturality. They also liked **how he created a positive atmosphere** that helped them to talk and interact in class.”

From a case study published in WoPaLP, Vol. 14, 2020

I loved **the friendly and pleasant atmosphere** which were created during the lessons and the playful teaching. I have never went with 'stomach cramps' to the lesson, even if we were writing a test.



End-of-course feedback

You did an outstanding job in keeping the same **friendly, warm and live atmosphere** at our classes, what could be felt even through the screens of our computers.

Your "how are you", your "you look tired, are you sure you're okay?", your "**good morning**" to each of us... I always wanted Thursdays to come because I really wanted to learn about presentations and see all my classmates.



Kindness

HUMANITY

"I am helpful and empathic and regularly do nice favors for others without expecting anything in return."

The VIA Classification of 24 Character Strengths

Wisdom

CREATIVITY

- Clever
- Original & Adaptive
- Problem Solver

CURIOSITY

- Interested
- Explores new things
- Open to new ideas

JUDGMENT

- Critical thinker
- Thinks things thorough
- Open-minded

LOVE OF LEARNING

- Masters new skills & topics
- Systematically adds to knowledge

PERSPECTIVE

- Wise
- Provides wise counsel
- Takes the big picture view

Courage

BRAVERY

- Shows valor
- Doesn't shrink from fear
- Speaks up for what's right

PERSEVERANCE

- Persistent
- Industrious
- Finishes what one starts

HONESTY

- Authentic
- Trustworthy
- Sincere

ZEST

- Enthusiastic
- Energetic
- Doesn't do things half-heartedly.

Humanity

LOVE

- Warm and genuine
- Values close relationships

KINDNESS

- Generous
- Nurturing
- Caring
- Compassionate
- Altruistic

SOCIAL INTELLIGENCE

- Aware of the motives and feelings of self/others
- Knows what makes others tick

Justice

TEAMWORK

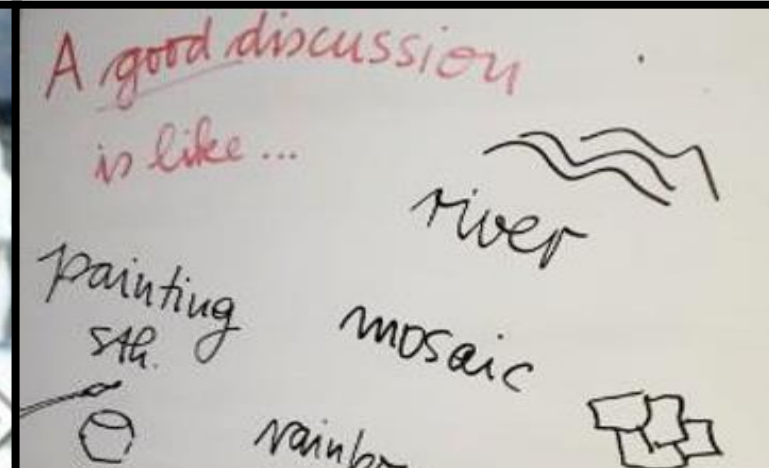
- Team player
- Socially responsible
- Loyal

FAIRNESS

- Just
- Doesn't let feelings bias decisions about others

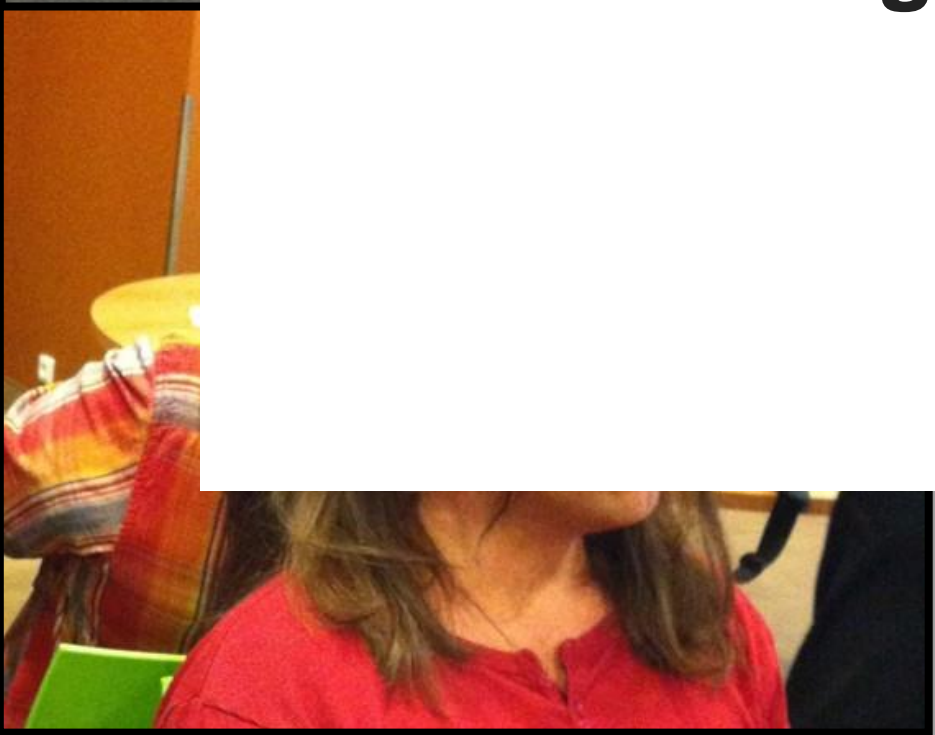
LEADERSHIP

- Organizes group activities
- Encourages a group to get things done

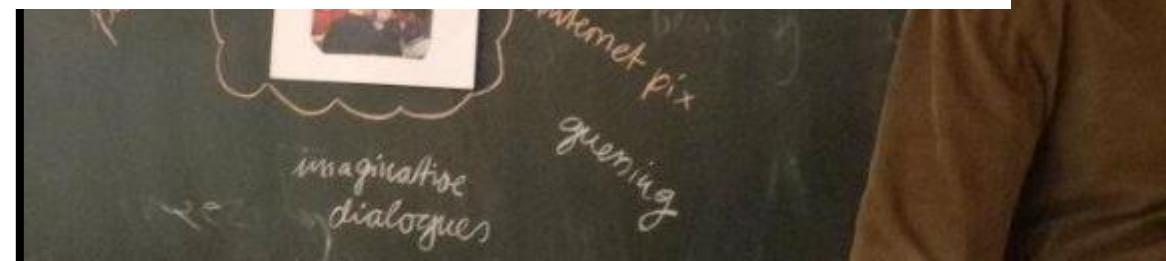


„Der Beruf bediente manche Neigung von mir, von der ich gar nicht wusste, dass ich sie hatte.“

Wovon wir leben
Birgit Birnbacher



Strengths



3 THE SKIER

THE SKIER

• sporty 😊 → ♡ volleyball basketball

• teenager → "study sport" — uni

• 17 😞 → BACK accident

• 19 😊 → wheelchair basketball

! Paralympics in Beijing (gold medal)



HW:
PAR/9/12



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**SIGNATURE
STRENGTHS**

FORMATIVE EXPERIENCES



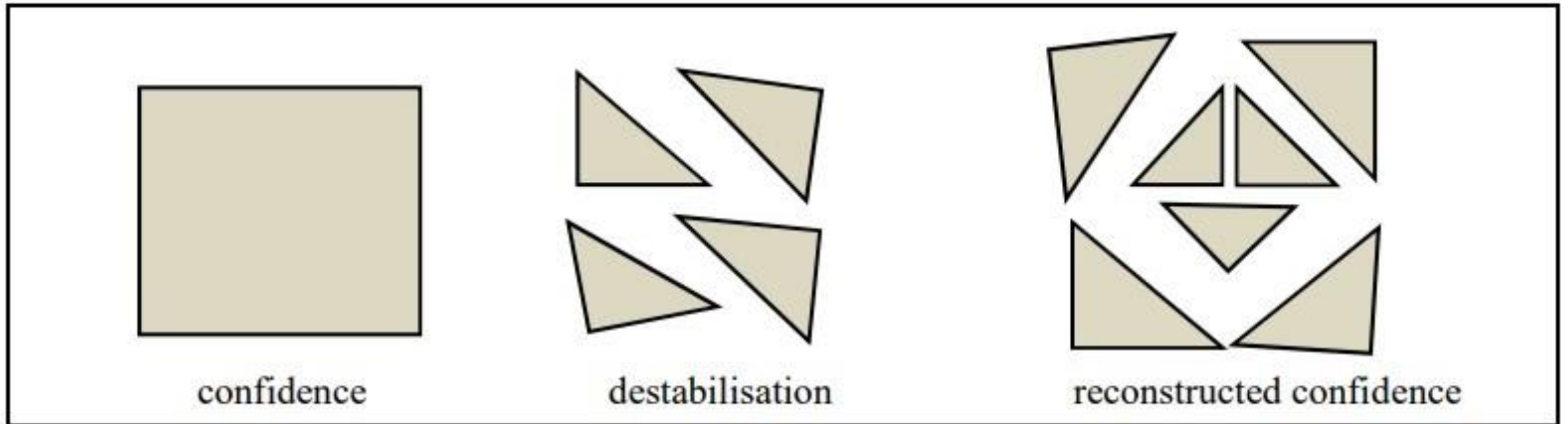
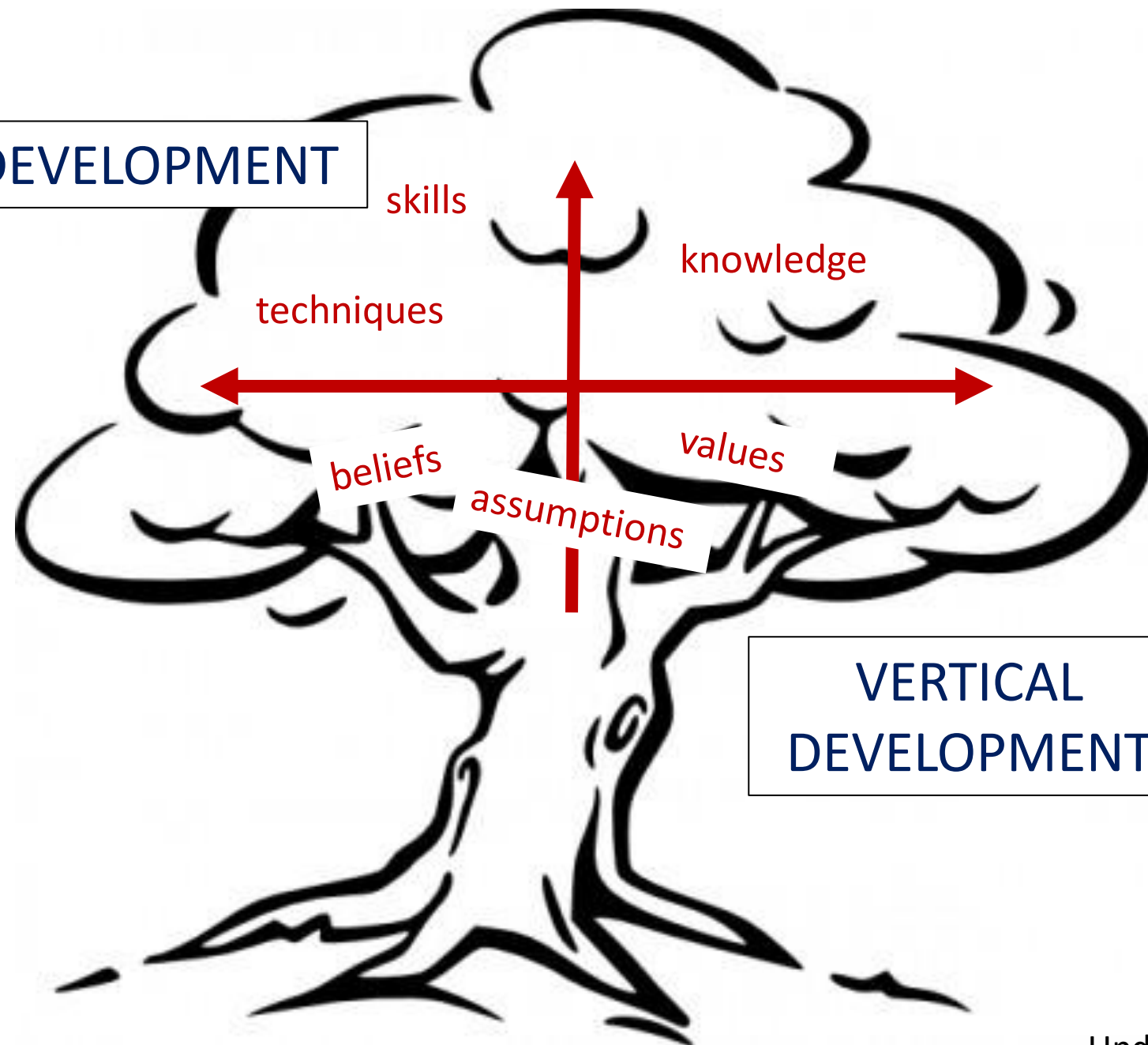


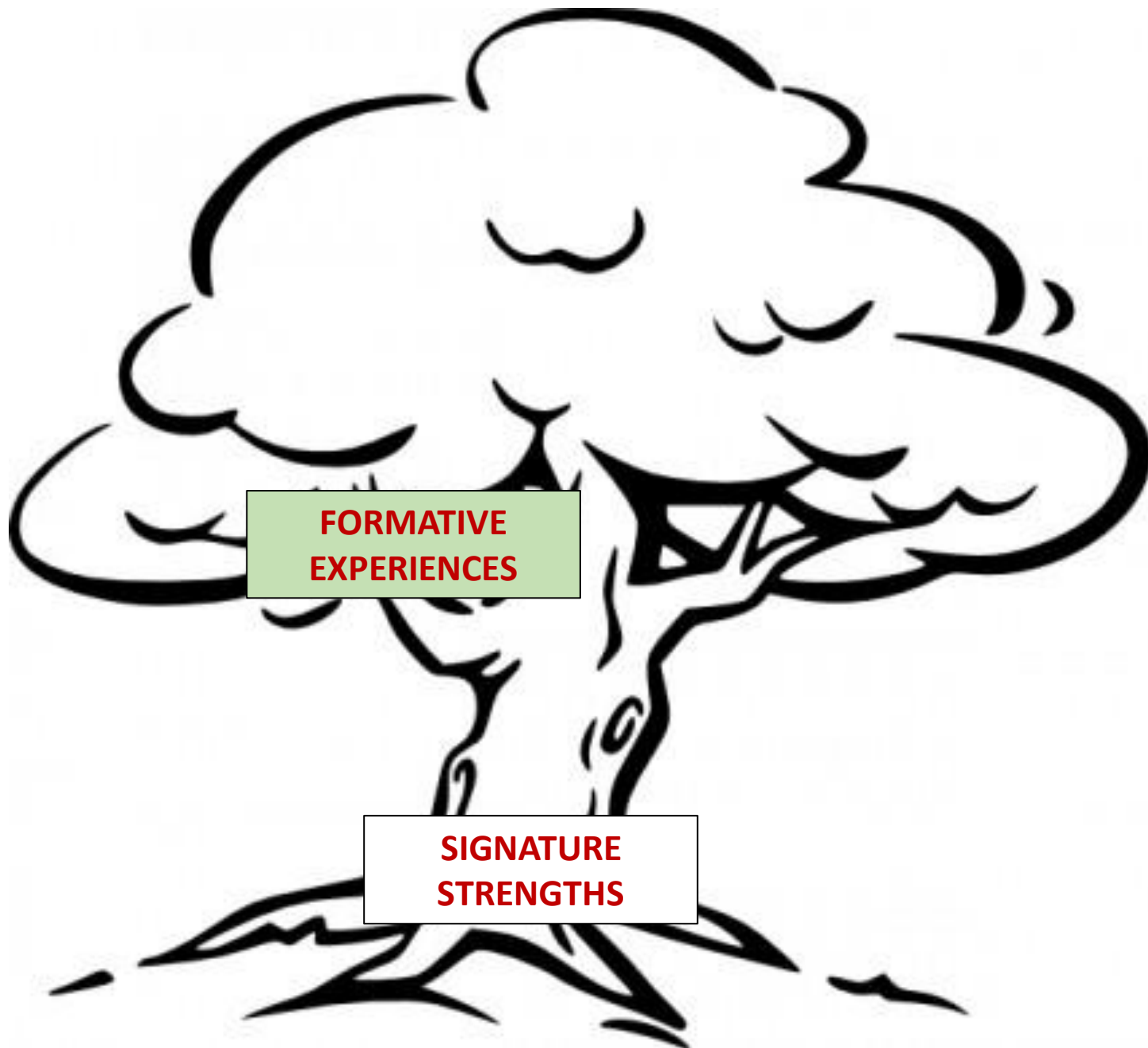
Figure 2. From whole to parts to re-constructed whole

In Pohl, U. and J.Révész (2014) Training to become a mentor: Hungarian EFL teachers' personal discoveries. Working Papers in Applied Linguistics (WoPaL), 8, 116-131.

HORIZONTAL DEVELOPMENT



VERTICAL
DEVELOPMENT



**FORMATIVE
EXPERIENCES**

**SIGNATURE
STRENGTHS**

INSPIRATIONAL PROFESSIONAL COMMUNITIES



Welcome to the
Department of English Language Pedagogy

– Angol Nyelvpedagógia Tanszék –



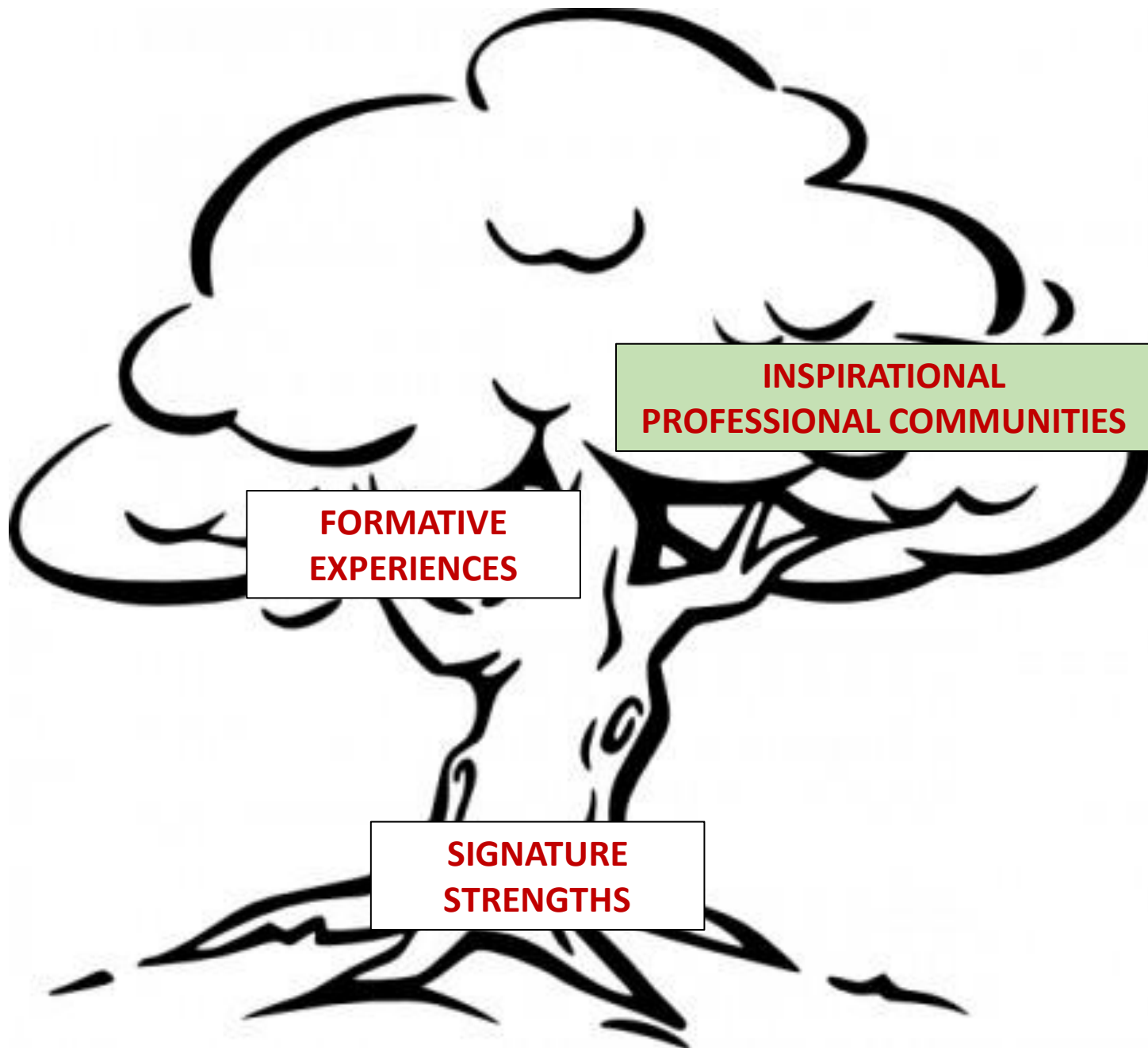
”It is important for people within a professional bubble to have different kinds of experiences together, to develop different qualities of their collective memory. Going on a walk, singing together, sharing a meal over social talk will strengthen the different qualities of our collective memory.”

All CETT and done? - Voices from a Hungarian professional community, [mELTing Pot](#), IATEFL-H Newsletter, April 2009.

Teachers learning with and from each other



Pestalozzi Péntek, Fazékas Secondary School, Budapest



**INSPIRATIONAL
PROFESSIONAL COMMUNITIES**

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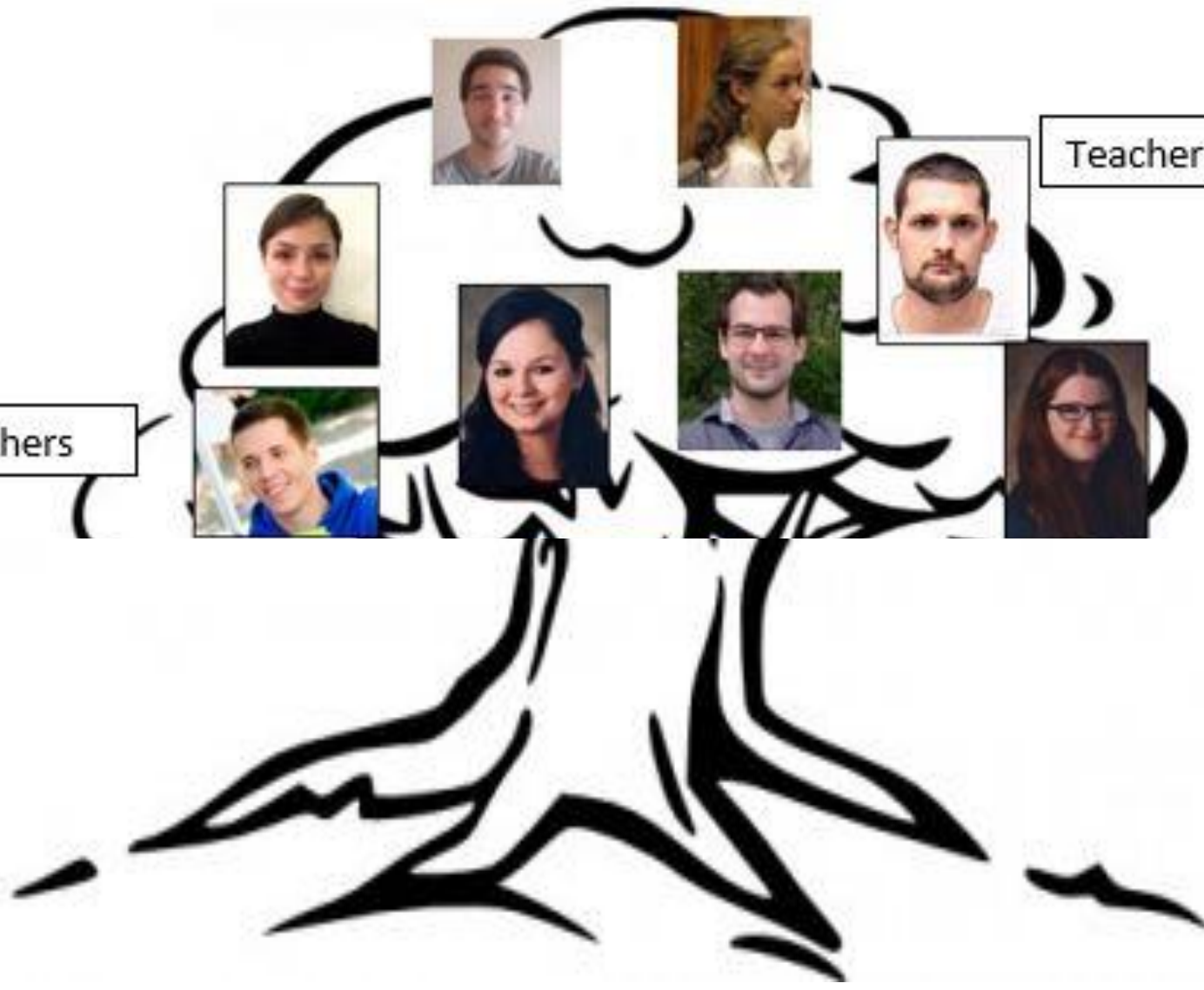
TRANSFORMATIONAL MOMENTS



$$6 + 1 + 3 = ?$$

Early career teachers

Teachers-in-training



“The behavior of the novice is usually rational, relatively flexible and tends to conform to whatever rules and procedures they were told to follow.

Only minimal skill at the task of teaching should be expected of a novice.”

Berliner 2004, p. 35

Berliner, D. C. (2004). Describing the behavior and documenting the accomplishments of expert teachers. Bulletin of Science Technology & Society, 24 (3), 200-212.

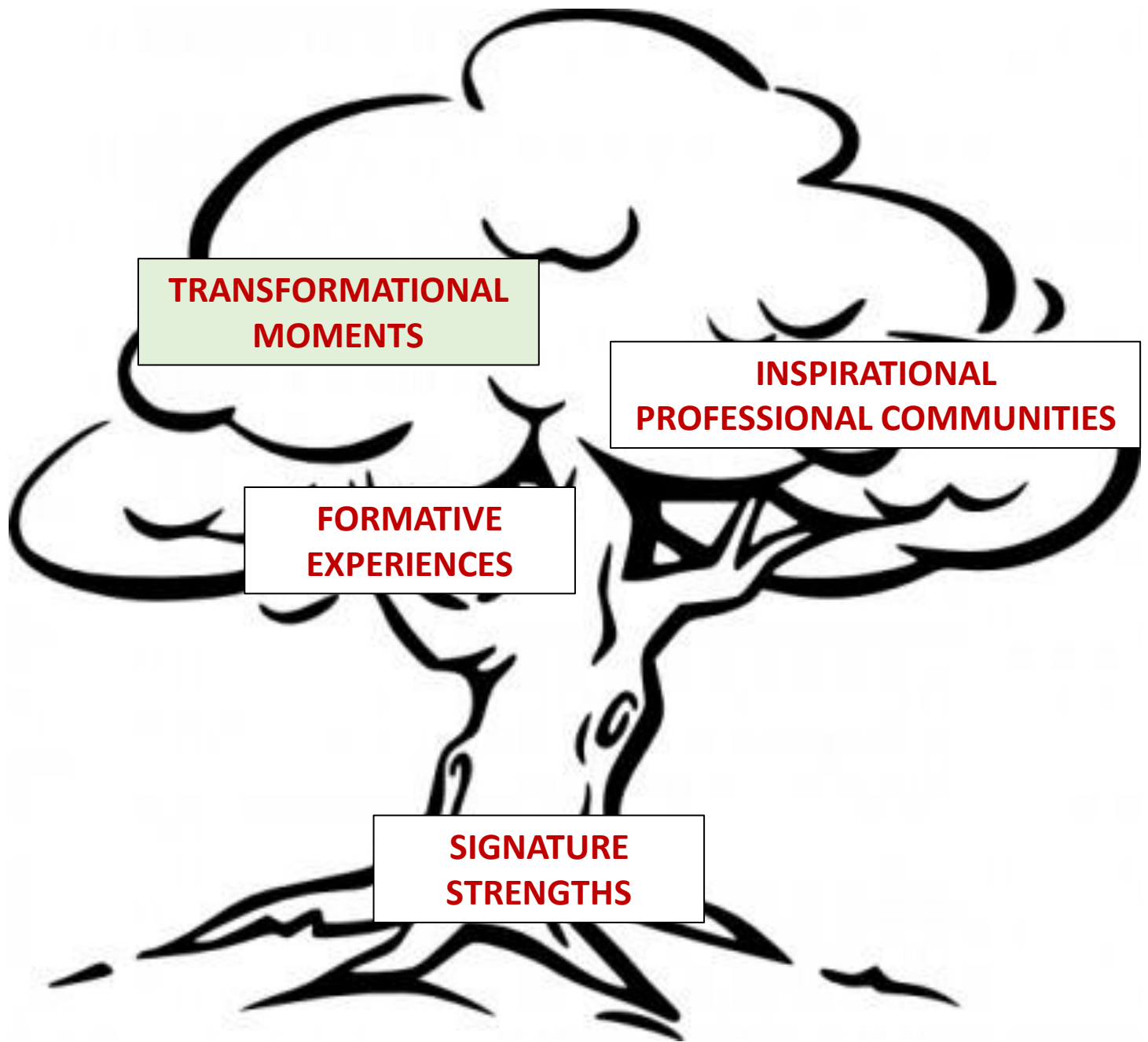
My first flights

"I learnt my first strategy during my first lesson. I wanted it to go flawlessly, to be as professional and determined as my university and school teachers. When the time came and we started the class, I felt as prepared as ever, so I stepped forward, took a deep breath and - completely froze.

I muttered something but calling it *giving instructions* would be a huge stretch. At that moment, I realised that I had to give up on my dream of a flawless lesson: For the rest of the occasion, I focused on the job and tried to be relaxed and patient, not only towards the students but also towards myself. That day, I learnt an extremely useful survival technique: *patience*."

Péter

Transformational moments: what we can learn from early career teachers about professional development.
[IATEFL Voices](#), 2021, Issue 279. March/April.



**TRANSFORMATIONAL
MOMENTS**

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UNFORESEEN CHALLENGES

If someone had asked me a year ago what I thought about working from home in my pyjama bottoms, I would have laughed in their face and said: 'Bring it on! Endless weekends? Are you kidding me? That is a dream come true!' However, we all know the saying - be careful what you wish for, because it may just come true. And so it has...

Barbara Lukac Patarcec, Slovenia, IATEFL Voices 281, p. 20



New insights – the importance of (virtual) relating

1



2



3



How are you feeling?

6



4

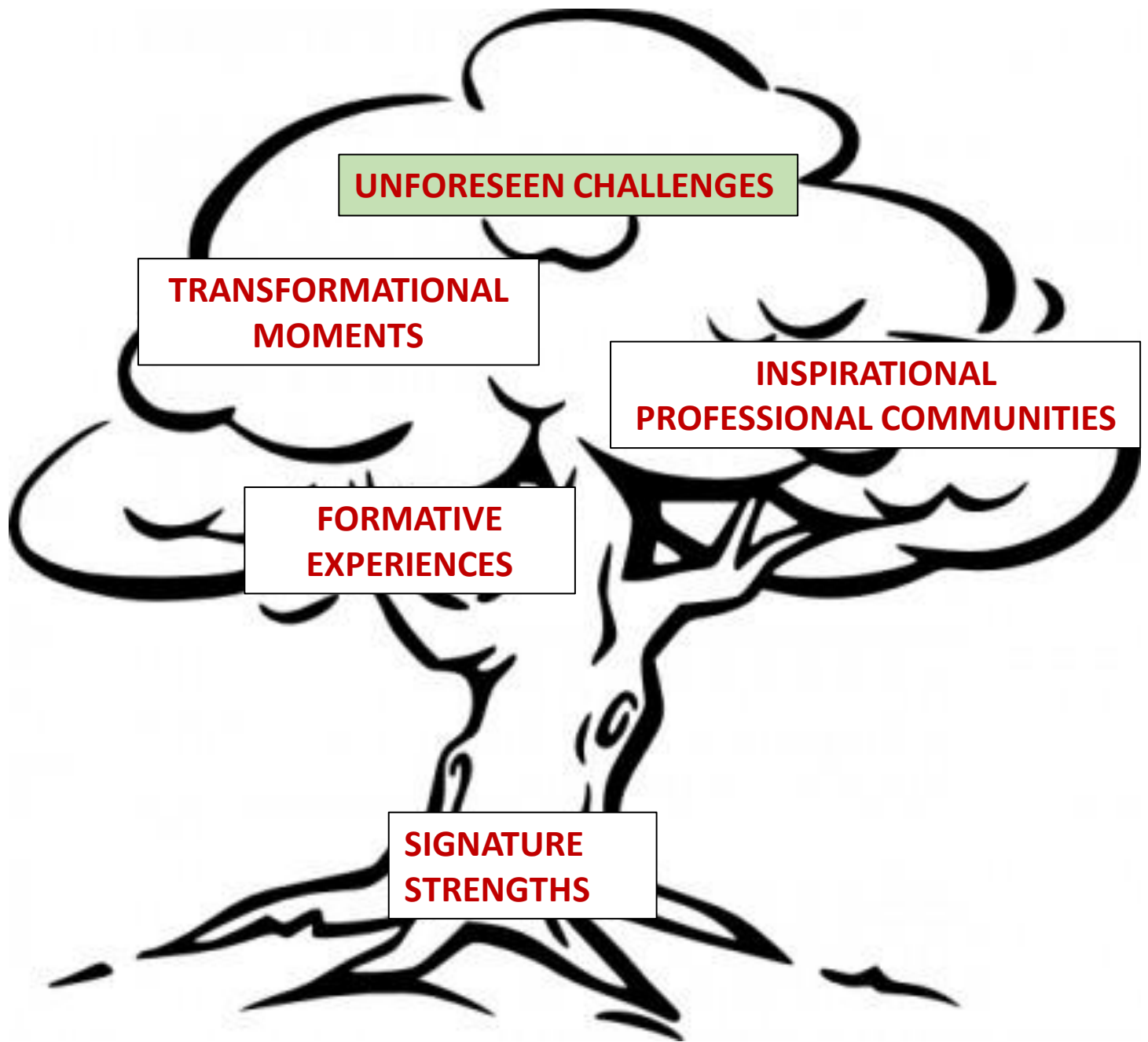


5



7





UNFORESEEN CHALLENGES

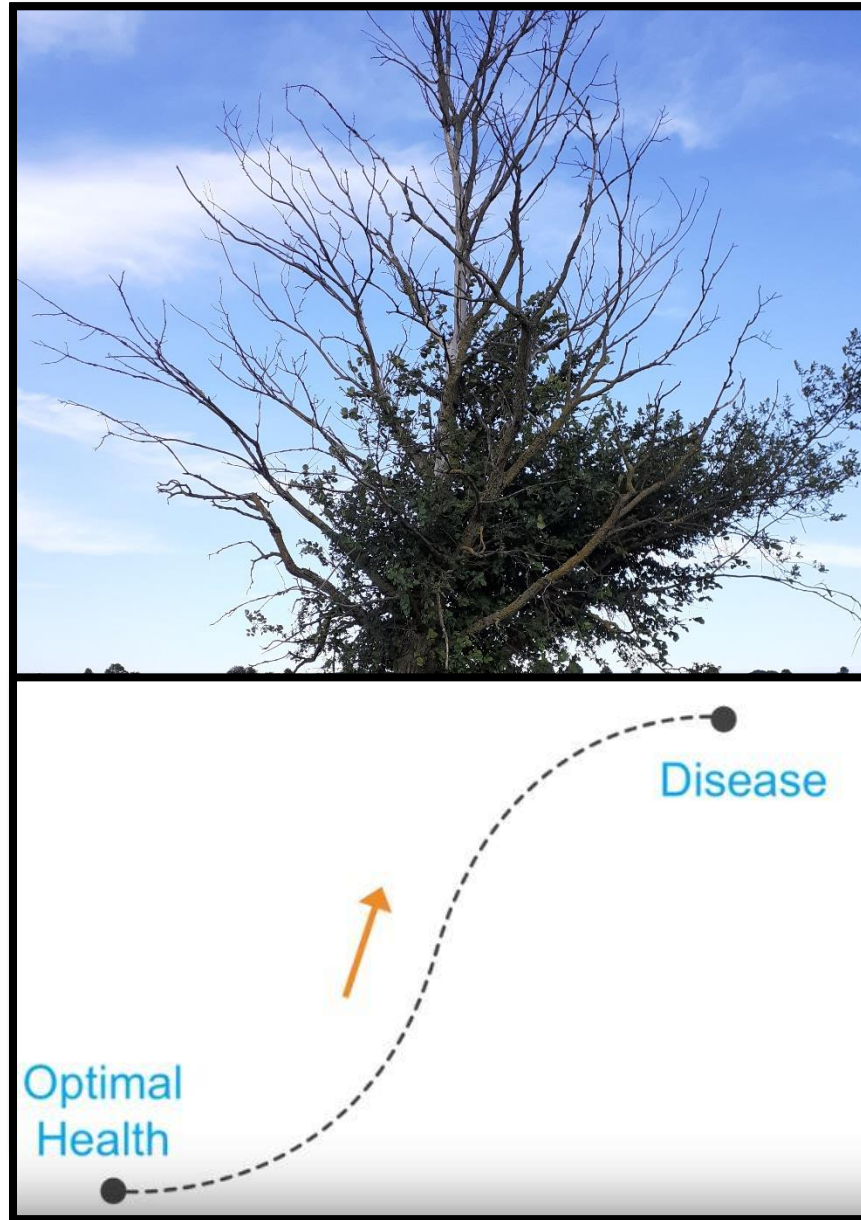
**TRANSFORMATIONAL
MOMENTS**

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WHAT OUR BODY TELLS US



TANÍTANÉK! VAGY MÉGSEM? – A TANÁRKÉPZÉS ÉRZELMI HULLÁMVASÚTJA

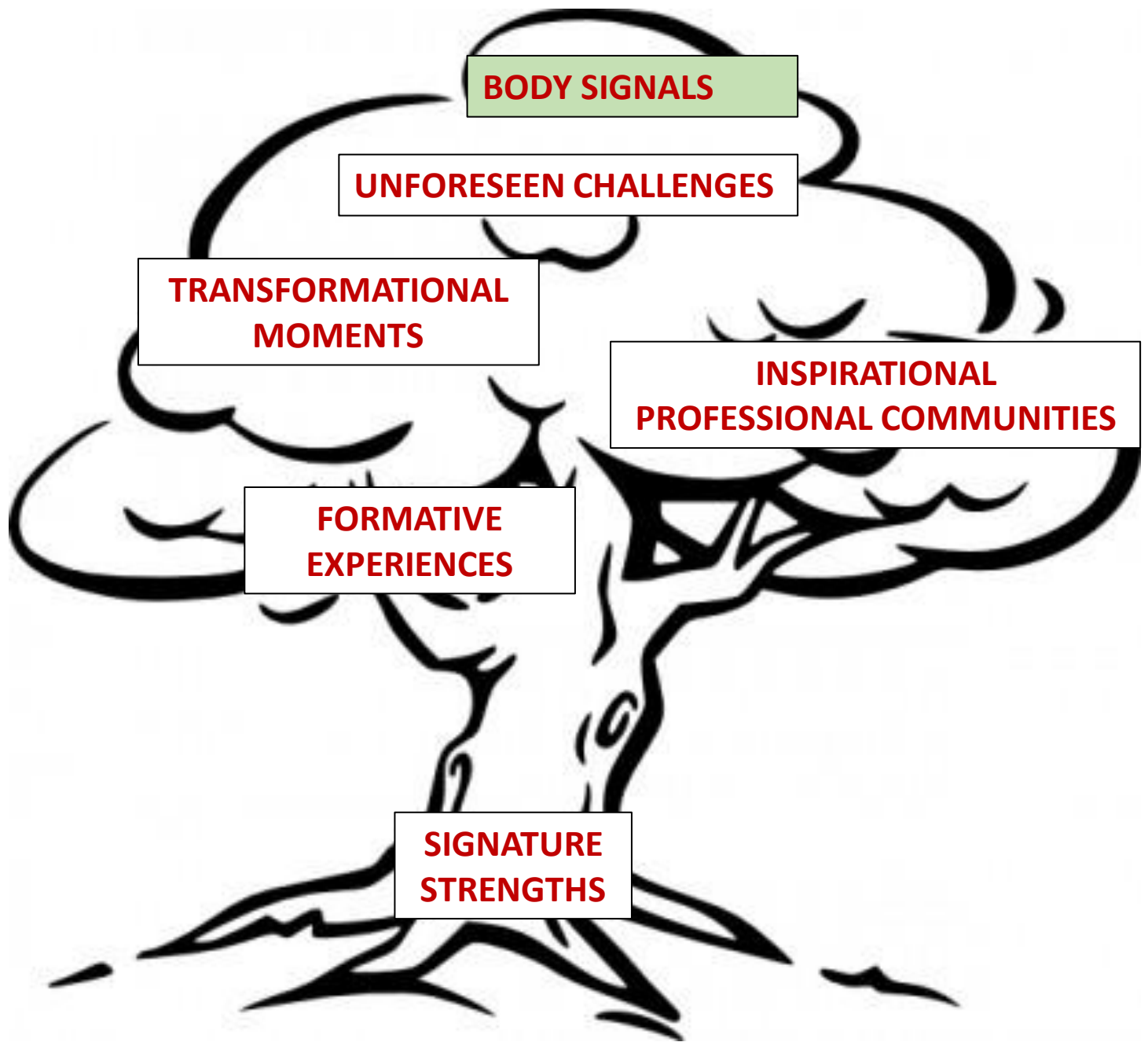
2021. ÁPRILIS 6. | WMN | OLVASÁSI IDŐ KB. 6 PERC



KI FOG HOLNAP TANÍTANI?

24	37	46	49	51	53	54	57	61
25	37	46	50	52	54	55	58	62
26	38	46				55	58	63
27	39	46				55	59	63
30	39	47	50	52	54	55	61	63
31	42	48	50	53	54	56	61	64
36	45	48	51	53	54	57	61	65

SZENT ISTVÁN GIMNÁZIUM BUDAPEST



BODY SIGNALS

UNFORESEEN CHALLENGES

**TRANSFORMATIONAL
MOMENTS**

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**SIGNATURE
STRENGTHS**

- 🌳 Revisit your roots!
- 🌳 Trust that teacher development can happen in *developmental leaps*.
- 🌳 Give yourself licence to *tinker*, experiment.
- 🌳 Look for supportive professional communities
- 🌳 Use opportunities to reflect on and tell your professional stories.
- 🌳 Take Care of yourself.

Growing trees: developing as a teacher



Thank you!

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